

SEQUANOTA CROSS COUNTRY 5 K



Spring Benefit Run / Walk

April 14, 2012

START TIME

10:00 A.M.

(9:00 A.M. REGISTRATION TIME)

**MODERATELY CHALLENGING
CROSS-COUNTRY TERRAIN ON
ROADS AND TRAILS**

**RACE TIME BY FINISH LINE
SYSTEMS BY DAVID MAPES**

WWW.SEQUANOTA.COM



⇒ **COST: \$25.00 WITH SEQUANOTA RACE T-SHIRT
OR \$15.00 W/OUT T-SHIRT**

(to ensure you receive a t-shirt, you must register by March 16)

⇒ **FUNDS WILL GO TOWARD SEQUANOTA MINISTRIES**

⇒ **REFRESHMENTS AND AWARDS AT THE END OF EVENT**

TO REGISTER, CONTACT THE CAMP OFFICE:

PHONE: (814) 629-6627

EMAIL: CONTACT@SEQUANOTA.COM