

2010 Jack O'Lantern Jog



CHS Class of 1986 • Martinsburg, PA

Join the CHS Class of 1986 for the
1st Annual Jack O'Lantern Jog.
Proceeds of the event benefit the
Class of 1986 and a Scholarship for a
CHS Senior Female Track Scholar/Athlete.

Date of Event: Saturday, October 30, 2010
Rain or Shine
5K - 9:00 a.m.

Start and Finish Location: Central High School
718 Central High Road
Martinsburg, PA 16662

Events: 5K Run/Walk (road race)

Timing provided by David Mapes Finish Line

In keeping with the Halloween theme, participants are encouraged to dress in their favorite costumes. Awards will be given in categories such as best costume, fastest costumed runner, best youth costume (18 and under), best duo and best group costume (three or more).

Awards: T-Shirts will be provided to all pre-registered participants. T-shirts will be provided on raceday first come first serve until quantities are depleted. Awards to Top 3 Male/Female finishers and Top 3 Age Group finishers. The divisions are broken into pee wee (12 and under), junior (13 to 18), open (19 to 39), master (40 to 49), senior (50 to 59), veteran (60 to 70) and v.i.p. (70-plus). Lots of door prizes!

Course information: Out and back on country roads, mostly flat with some rolling hills. Course map available at:
<http://www.usatf.org/routes/view.asp?rID=374437>

Refreshments: 1 water station on route and FREE food provided with water at the finish line.

Registration Fee: \$15.00 per person on or before October 9, 2010 OR \$20.00/person thereafter or on race day. Make checks payable to Jack O'Lantern Jog, and return form to: Anne Shubert, 14614 Stottlemeyer Road, Smithsburg, MD 21783. **One application per person! Multiple registrations may be mailed together.**

Packet pick-up/Late Registration from 7:15-8:45 on race day.

For More Information: Call ~ Anne Metzger Shubert (240)274-2239 or visit www.jackolanternjog.com

Name _____ T-Shirt Size (circle one): S M L XL _____

Telephone _____ Email _____

Address _____ City _____

State _____ Zip _____ Age on Race Day: _____ Gender _____

Waiver: In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge the Central High School, Central High School Class of 1986, race volunteers and officials, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the event, including injury, loss or damage to personal property, or the carelessness on the part of the persons named in this waiver. I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to run/walk in this event. Further, I grant permission to all of the foregoing to use any photograph, or recordings of this event for legitimate purposes. I understand that no pets, bicycles, rollerblades/skates, or scooters are allowed on the course, and I hereby agree to adhere to this. Any participant who goes off course will forfeit all rights to any prizes or recognition.

Signature: _____ Date _____

(If the participant is under the age of 18, a parent or guardian must sign.)

I would rather volunteer! Phone number: _____ Name: _____